

Tara Isis Gerris

Author of Awakening the Wild Feminine

Tara Isis Gerris is an author, naturopathic practitioner and the founder of Wild Woman Sisterhood, a global community of 3 million women devoted to authentic connection and the many seasons of a woman's life.

Her work grew from a personal search for language that could hold the complexity of womanhood: its beginnings and becoming, its devotion and creation, its sovereignty, and its wisdom. Trained in naturopathic therapy and shaped by years of leading women's circles and retreats, Tara explores womanhood as something seasonal rather than linear. Her writing is intimate, grounded and lyrical, inviting readers to recognise themselves beyond narrow cultural scripts and to honour the different rhythms, transitions and forms of wisdom that emerge across a woman's life.

Her forthcoming book, *Awakening the Wild Feminine*, follows the archetypal seasons of Maiden, Mother, Queen and Crone. Through these four seasons, Tara offers a framework for recognising where we are, what is asking to be lived, and what may be ready to change. The book will be published in hardcover, ebook and audiobook on February 2, 2027.

THE BOOK

Awakening the Wild Feminine

Journey Through the Seasons of Womanhood and Return to the Wisdom Within

ARCHETYPES

Maiden · Mother · Queen · Crone

PUBLISHER

Fairwinds Press / Quarto Publishing Group

PUBLICATION DATE

February 2, 2027

FORMATS

Hardcover · Ebook · Audiobook